

<b>Date:</b>	11 August 2016
<b>Meeting:</b>	CCG Governing Body
<b>Item Number:</b>	7.1
<b>Public/Private:</b>	Public <input checked="" type="checkbox"/> Private <input type="checkbox"/>

<b>Author:</b> <i>(Name, Title)</i>	Jane Ellerton: Acting Head of Strategic Commissioning
<b>GB Lead:</b> <i>(Name, Title)</i>	Richard Young; Interim Director of Commissioning

<b>Report Title:</b>
Child and Adolescent Mental Health Service (CAMHS) Transformation Plan Update

<b>Decisions to be made:</b>
To note

<b>Continue to improve the quality of services</b>	<input checked="" type="checkbox"/>	<b>Improve patient experience</b>	<input checked="" type="checkbox"/>
<b>Reduced unwarranted variations in services</b>	<input checked="" type="checkbox"/>	<b>Reduce the inequalities gap in North Lincolnshire</b>	<input type="checkbox"/>
<b>Deliver the best outcomes for every patient</b>	<input checked="" type="checkbox"/>	<b>Statutory/Regulatory</b>	<input type="checkbox"/>

<b>Executive Summary (Question, Options, Recommendations):</b>
<p>This paper, previously reported to the Health and Well-Being Board provides an update on each of the six priorities set out in the North Lincolnshire Transformation Plan. The priority areas are;</p> <ul style="list-style-type: none"> <li>• Primary prevention</li> <li>• Workforce development</li> <li>• Access</li> <li>• Liaison</li> <li>• Eating Disorders</li> <li>• Crisis and intensive support</li> </ul>

<b>Equality Impact</b>	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	
<b>Sustainability</b>	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	
<b>Risk</b>	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	
<b>Legal</b>	Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	
<b>Finance</b>	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>	All expenditure will be in line with the CAMHS finance plan

<b>Patient, Public, Clinical and Stakeholder Engagement to date</b>									
	<i>N/A</i>	<i>Y</i>	<i>N</i>	<i>Date</i>		<i>N/A</i>	<i>Y</i>	<i>N</i>	<i>Date</i>
<b>Patient:</b>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>		<b>Clinical:</b>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
<b>Public:</b>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>		<b>Other:</b>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	

## NORTH LINCOLNSHIRE COUNCIL

### HEALTH AND WELLBEING BOARD

## CAMHS TRANSFORMATION PLAN UPDATE

### 1. OBJECT AND KEY POINTS IN THIS REPORT

1.1 To update the Health and Wellbeing Board in relation to progress against the Children and Young Peoples Emotional Health and Wellbeing Transformation Plan (CAMHS Transformation plan).

### 2. BACKGROUND INFORMATION

2.1 Future in Mind was published in May 2015 and set the national ambition to transform the design and delivery of a local offer of services for children and young people with mental health needs. It requires an integrated whole system approach to driving further improvements in children and young people's mental health outcomes with the NHS, Public Health, Local Authority Children's Services, Education and Youth Justice working together.

NHS England published guidance in August 2015 requiring CCG's to produce five year CAMHS Transformation Plans in partnership, with a national assurance process to agree to release funds.

2.2 The Health and Wellbeing Board received an update at the January meeting following assurance of the plan through NHS England in December 2015. A full copy of the plan is available at <http://www.northlincolshireccg.nhs.uk/data/uploads/north-lincolnshire-children-and-young-peoples-emotional-health-and-wellbeing-transformation-plan-master-031215-v3.pdf>

2.3 The plan built on the early work undertaken to develop a draft emotional health and wellbeing strategy and drew from the adolescent lifestyle survey, square table event involving young people and stakeholder organisations and work with the Youth Council. The plan sets out a number of ambitions for transformation across 6 priorities:- The update for each of these priorities is noted below the key priority heading.

- **Primary Prevention**- Children and Young People's emotional health and wellbeing will be the responsibility of everyone;

**Update 31st May 2016:** The main areas of agreed activity include

- Children's and Young Peoples Positive Steps Event being organised with the Youth Council on the 3<sup>rd</sup> September shaped around the five themes within

the positive steps leaflet to give children, young people and families ideas about what things they can do and information they can access to improve their emotional wellbeing, in a fun and interactive environment.

- SAFE/ASIST training programme geared to suicide prevention
- Development of a comprehensive Website/App for professionals, Young People and their families. Website Launch is likely to be commencing November/December. Young People views have been included as part of the initial service specification and will feature in the testing/evaluation stages of the project.

- **Workforce Development**- Provide the skills and the support to enable universal and early help practitioners (school staff, school nurses, health visitors, family support workers, third sector colleagues, youth workers) to deliver and provide support to Children and Young People and when required, appropriate timely onward referral;

***Update 31<sup>st</sup> May 2016:*** This priority aims to skill up the universal workforce to enable them to cope better with the mental health and emotional wellbeing needs of young people as they come into contact with them and to manage/care for the young person better or refer more appropriately into other services. Specific areas prioritised for early focus include

- YOS services to improve staff training with regards to the Mental Health and Emotional wellbeing issues the young people in YOS face
- CAMHS services to increase knowledge of specialist areas including Mentalisation Based Therapy (MBT) training.
- Establishment of a service to enable professionals/families to access consultation/case management in respect of those children thought to be suffering the effects of Trauma and Child Sexual Exploitation or at high risk. The service is due to commence in June 2016. It is anticipated that the learning from this process of consultation will be taken forward into the future model and there will be a greater awareness of the impact of CSE/Trauma in young people going forward.

- **Access**- Improve access to specialist CAMHS services especially for the most vulnerable;

***Update 31<sup>st</sup> May 2016:*** A one year pilot has been commissioned to develop additional services for children with learning difficulties and emotional health and wellbeing issues, coupled with training/development of professionals. The model offers expertise and dedicated provision to support Specialist Schools, the Integrated Disability Team and other mainstream school professionals, where appropriate.

The aim is to ensure these professionals have a sound knowledge of the impact of Mental Health/Emotional Wellbeing issues for the this group of vulnerable children

- **Liaison**- Develop clear named links with both schools and general practices, to improve liaison and consultation and early identification of Children and Young People's mental health needs (especially Children in Care);

***Update 31<sup>st</sup> May 2016:*** Rotherham, Doncaster and South Humber Foundation Trust have been commissioned to provide Consultation Workers within CAMHS

to increase the specialist workforce to support the shift to a consultation model. They will act as the first contact for professionals working in schools, social services, GPs and to assist those professionals to be better able to cope with the emotional health issues of the young people they work with. Recruitment is currently underway and the service will commence in the next few months. Schools will be asked to name a Mental Health Champion that can lead on Emotional health and Wellbeing in the schools environment.

The investment supports the shift to CAMHS providing a consultation service model providing timely access for young people and fewer written referrals. Training will be provided to Mental Health Champions and other professional groups who are key within the consultation model.

- **Eating Disorders**- Develop a community based eating disorder service to intervene early, to reduce the number of people who require referral to inpatient placement and reduce their length of stay for those who are admitted;

***Update 31<sup>st</sup> May 2016:*** Rotherham, Doncaster and South Humber Foundation Trust have been commissioned jointly by North Lincolnshire, Rotherham and, Doncaster CCGs to provide a Hub and Spoke model of care, providing local access and specialist support.

- **Crisis and Intensive Support**- Establish a specialist multi-agency intensive community support and treatment provision for Children and Young People who are on the edge of crisis and/or at risk of a hospital admission through the development of an Integrated Crisis Reduction Support Pathway to reduce the number of Children and Young People in crisis and/or admitted to hospital.

***Update 31<sup>st</sup> May 2016:*** Social Work input has been provided into the CAMHS team to provide specific additional expertise on a one year basis. The intensive support service will consist of additional mental health workers whose role is to provide specialist input for a small caseload of children. This intensive service will be flexible and have extended opening hours, and cover some time at weekends where required. The recruitment process is underway and it is anticipated that the full service may commence September/October of 2016.

### 3. **OPTIONS FOR CONSIDERATION**

3.1 To note the update on progress against implementation of the Transformation Plan.

### 4. **ANALYSIS OF OPTIONS**

4.1 The current published Transformation Plan pulls together what we know about the Emotional Health and Wellbeing needs of Children and Young People in North Lincolnshire, the services that are currently provided, our vision for transforming the services and how we will seek to do that. An Executive Summary of the Transformation Plan is being prepared along with a revised version of the plan which will include baseline activity/workforce data and show the potential gains to both over the five year period. This will be re-published when completed.

4.2 Implementation of the plan is being led by the Children and Young People's Emotional Health and Wellbeing Group chaired by the Director of Commissioning-

North Lincolnshire CCG with membership from across the CCG, North Lincolnshire Council People's Directorate and Public Health, Schools and College representation, Northern Lincolnshire and Goole Foundation Trust, Rotherham, Doncaster and South Humber Foundation Trust and Healthwatch.

4.3 The Youth Council have received a presentation on the plan and agreed that they would like to receive updates on progress and be involved in implementation where helpful. The Councils Mental Health Group are leading on producing a leaflet providing a young people's version of the plan.

## **5. RESOURCE IMPLICATIONS (FINANCIAL, STAFFING, PROPERTY, IT)**

5.1 Following assurance of the plan the CCG received non recurrent resource in 2015/16 of £93k, for Eating Disorders and £233k for CAMHS Transformation. For 2016/17 these sums are included in the CCG's overall allocation. All resources have been allocated to the named priorities for both 15/16 and 16/17.

## **6. OUTCOMES OF INTEGRATED IMPACT ASSESSMENT**

6.1 Impact assessments will be undertaken as part of the development of service specifications and implementation.

## **7. OUTCOMES OF CONSULTATION AND CONFLICTS OF INTERESTS DECLARED**

7.1 The plan has been built on consultation with Families, Children and Young People, professionals working in the field of Children's Emotional Health and Wellbeing and all other stakeholders.

## **8. RECOMMENDATIONS**

8.1 Health and Wellbeing Board are asked to:

- Note this update report as at 31<sup>st</sup> May 2016 with regard to the CAMHS Transformation Plan and the on-going process of implementation.

Author: Caroline Briggs

Date: June 2016

**Background Papers used in the preparation of this report: N/A**

- Updated Action Plan 31<sup>st</sup> May 2016
- NHS England Q4 Returns and Assurance Report
- Updated Implementation Plan