







# Our strategy: at a glance...

In early 2019, we developed a strategy to guide how we plan and deliver healthcare services for people living in North Lincolnshire over the next five years.

We want to enable good health, keep people out of hospital where needs can be met in the community, support children and families to live independently and ensure mental health is given the same priority as physical health. Through implementing these changes, we will create a healthier, more sustainable future for North Lincolnshire.

This summary details, at a glance, what our ambitions are for the next five years and how we intend to achieve them for our population.

#### Care closer to home

By providing more community-based healthcare services, we can help ensure that people only go to hospital and care when it is absolutely necessary. This means that our hospital staff can focus on treating people who really need to be there. We will focus care around the needs of the individual, keeping children and adults in their home and their community.

GP practices will be working together to develop services in their local communities through their primary care networks. We will continue to work closely with North Lincolnshire Council to connect health and social care where that makes sense to do so.

Our local residents will be able to access routine GP practice services, in their local area, seven-days-a-week. They will be enabled to choose how they access advice and care in a way that suits them. Alongside traditional, face-to-face appointments, patients will be able to choose alternatives, such as online consultations and video appointments.

## **Preventing poor health**

We want our population to live well for longer and improve health equality across our different communities. We need to reduce the number of preventable health conditions caused by smoking, obesity, and alcohol and substance misuse.

We will do this by enabling people to look after their own health and wellbeing by helping people to access a range of advice and support in their communities. Where people have a long-term condition, we will ensure that they receive the support and information to maintain their health and live independently.

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#### **Ensuring hospital services are safe** and sustainable

We will ensure that our population is always able to access safe, high-quality and sustainable hospital services when appropriate.

We want to reduce the need for Accident and Emergency services and make urgent care services in North Lincolnshire easier for people to access. People will be seen by the most appropriate clinical professional for their needs.

When people need a planned hospital appointment, we will ensure that they do not need to wait longer than they should for this.

We want to reduce the need for Accident and Emergency services and make urgent care services in North Lincolnshire easier for people to access.



#### **Supporting children and families**

When children and young people do become ill (either physically or mentally) we will deliver services at the right time, in the right place and provide support at the earliest opportunity. We want to support children, young people and families to improve their wellbeing and get the best outcomes they can.

Families will be offered choice and receive locally-delivered, high quality care. We will improve community support for vulnerable individuals and strengthen mental health services for new and expectant mothers.

We want to ensure that children have the best start in life. We will work with children, young people and families to help them learn the skills which are strengths-based and solution focussed to enable them to make the best choices and decisions for their health and wellbeing.

### Improving mental health and learning disability services

We will enable people to improve their mental wellbeing and ensure mental health is given the same priority as physical health across the health and care system in North Lincolnshire.

People with mental health conditions and learning disabilities will be supported to live well and will be enabled to selfmanage their conditions.

Those or who need urgent, or more specialist help will get the support they need, as soon as they need it.

We want to make sure we maintain a specific focus on the mental health of children and young people and people with dementia.



Our 2019-2024 Strategy supports a healthier, more sustainable future for the NHS in North Lincolnshire. The full strategy is available to view on our website at:

northlincolnshireccg.nhs.uk/publication-scheme/ what-are-our-priorities-and-how-are-we-doing/

For general enquiries, please call us on **01652 251000** or email NLCCG.ContactUs@nhs.net

Alternatively, you can write to us at:

Health Place, Wrawby Road, Brigg, North Lincolnshire, DN20 8GS



